



Information Leaflet for Parents/Carers

Collecting a Urine Sample from a Child Who is Not Toilet Trained

(a Clean Catch Urine Sample)

We would like to test a sample of your child's urine (wee) to check if there is an infection.

As your child is not yet toilet-trained, we need you to collect the urine by catching it as your child wees. We call this a 'clean catch' sample, as it is collected in a very clean way so that none of the normal bugs on your child's skin end up in the sample.

How to collect a clean catch sample of urine

1) Wash hands

Wash your hands with soap and water.



2) Wet cloths

Open the pack of cloths (gauze) and wet the cloths using the packet of water.



3) Remove your child's nappy

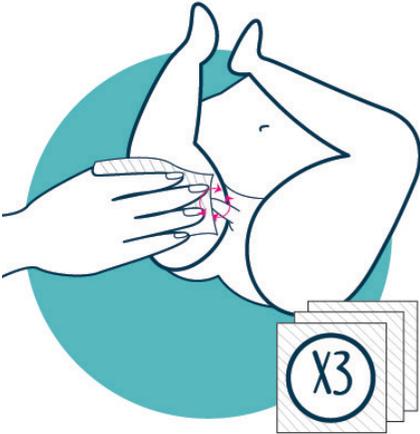


4) Clean 3 times

Cleaning boys

If your child is not circumcised, gently pull back the skin at the end of their penis (willy) as far as it will comfortably go (do not force the skin).

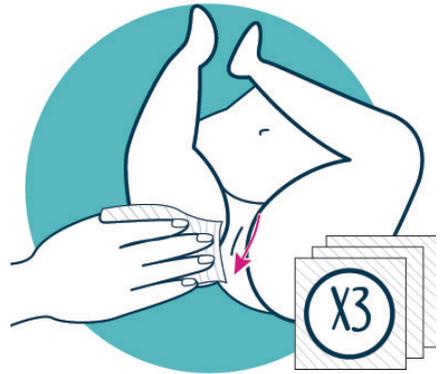
Using one piece of wet gauze, wipe the end of your child's penis in circle motions.



Cleaning girls

Gently separate the folds of skin covering your child's vagina.

Using one piece of wet cloth, wipe your child from the front area backwards towards their bottom, in one stroke.



Use new pieces of wet cloth to repeat the cleaning two more times.

5) Wash hands

Wash your hands again with soap and water.



6) Hold tray

Have the cardboard tray ready.

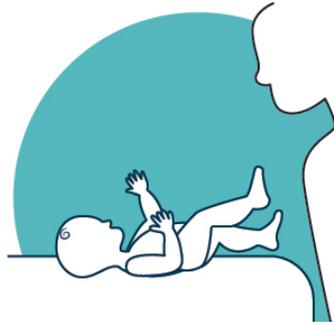
Be careful not to touch the inside of the tray with your fingers. Use the handle at the end only.



7) Wait and watch carefully

Sit your child on the bed or trolley or sit them on your knees.

Watch your child carefully until they start to wee.



8) Catch wee

After your child wees the first few drops, then catch some urine in the cardboard tray.

Be careful not to touch the top or inside of the tray with your child's skin.



9) Open urine pot

Be careful not to touch the top or inside of the pot with your fingers.



10) Pour urine into the urine pot

You do not need to fill it to the top.



11) Screw the lid on tight



12) Wash hands

Wash your hands again with soap and water.



Things you can do to encourage your child to wee

You can offer your child a drink (cup, bottle, breastfeed).
Most children who are going to wee for a clean-catch will do so within one hour.

RETURNING THE URINE SAMPLE TO THE HOSPITAL

Once the urine (wee) sample has been collected in the pot, place the urine pot in the **Royal Mail Safebox** provided.



(If you have been given a sample form/plastic envelope, please place the urine pot in this first).

You can post the Safebox into any Royal Mail post box.

You do not need to pay postage for this.

THANK YOU FOR YOUR HELP WITH THE CURLY STUDY

