



Information Leaflet for Parents/Carers

Collecting a Urine Sample from a Child Who is Toilet Trained

(a Mid-Stream Urine Sample)

Contents

Young children who need help	3
Older children and young people who can do this without help	7
Returning the urine sample to the hospital	11

(A) YOUNG CHILDREN WHO NEED HELP

We would like to test a sample of your child's urine (wee) to check if there is an infection.

We need to collect this sample in a very clean way so that none of the normal bugs on your child's skin end up in the sample.

How to collect a mid-stream sample of your child's urine

1) Wash hands

You and your child should both wash your hands with soap and water.



2) Wet cloths

Open the pack of cloths (gauze) and wet the cloths using the packet of water.

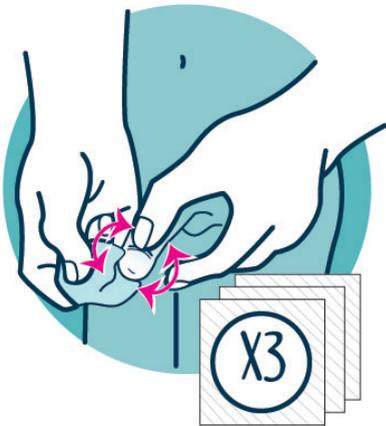


3) Clean 3 times

For Boys

If your child is not circumcised, gently pull back the skin at the end of their penis (willy) as far as it will comfortably go (do not force the skin).

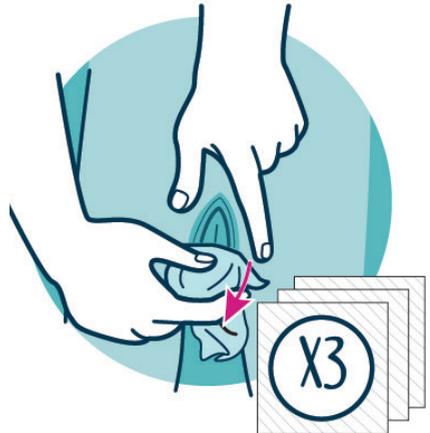
Using one piece of wet gauze, wipe the end of your child's penis in circle motions.



For Girls

Sit your child on the toilet with their legs wide apart and gently separate the folds of skin covering your child's vagina.

Using one piece of wet cloth, wipe your child from the front area backwards, towards their bottom, in one stroke.



Use new pieces of wet cloth to repeat the cleaning two more times.

4) Wash hands

Wash your hands again with soap and water.



5) Open urine pot

Be careful not to touch the top or inside of the pot with your fingers.



6) Ask your child to begin to wee into the toilet



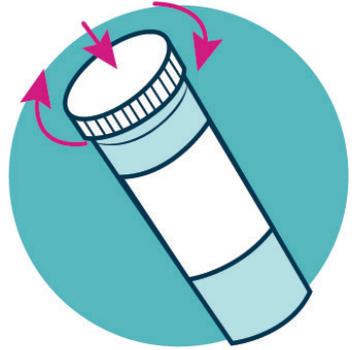
7) Collect wee

After your child has weed for one or two seconds, then place the urine pot underneath to collect some wee.

Be careful not to touch the top or inside of the pot with your child's skin. You do not need to fill it to the top.



8) Screw the lid on tight



9) Wash hands

You and your child should both wash your hands again



10) Post the urine pot back to your hospital

See page 11 of this leaflet for more information

(B) OLDER CHILDREN AND YOUNG PEOPLE WHO CAN DO THIS WITHOUT HELP

We would like to test a sample of your urine to check if there is an infection.

We need to collect this sample in a very clean way so that none of the normal bugs on your skin end up in the sample.

How to collect a mid-stream sample of your urine

1) Wash hands

Wash your hands with soap and water.



2) Wet cloths

Open the pack of cloths (gauze) and wet the cloths using the packet of water.

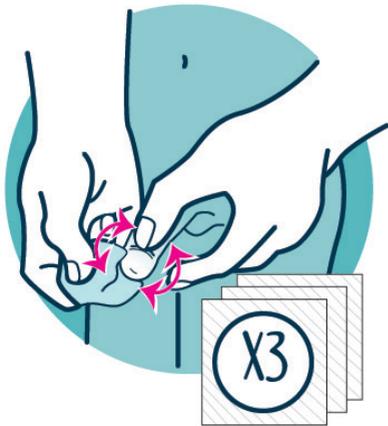


3) Clean 3 times

For Boys

If you are not circumcised, gently pull back the skin at the end of your penis (willy) as far as it will comfortably go (do not force the skin).

Using one piece of wet cloth, wipe the end of your penis in circle motions.

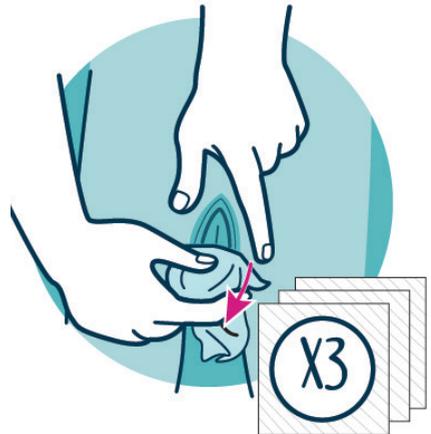


For Girls

Sit on the toilet with your legs wide apart.

Gently separate the folds of skin covering your vagina.

Using one piece of wet cloth, wipe yourself from the front area backwards towards your bottom, in one stroke.



Use new pieces of wet cloth to repeat the cleaning two more times.

4) Wash hands

Wash your hands again with soap and water.



5) Open urine pot

Be careful not to touch the top or inside of the pot with your fingers.



6) Begin to wee into the toilet



7) Collect wee

After you have weed for one or two seconds, then place the urine pot underneath to collect some wee.

Be careful not to touch the top or inside of the pot with your skin. You do not need to fill it to the top.



8) Screw the lid on tight



9) Wash hands

Wash your hands again with soap and water.



10) Give the urine pot to a parent or carer so that they can post it back to your hospital

See page 11 of this leaflet for more information

RETURNING THE URINE SAMPLE TO THE HOSPITAL

Once the urine (wee) sample has been collected in the pot, place the urine pot in the **Royal Mail Safebox** provided.



(If you have been given a sample form/plastic envelope, please place the urine pot in this first).

You can post the Safebox into any Royal Mail post box.

You do not need to pay postage for this.

THANK YOU FOR YOUR HELP WITH THE CURLY STUDY

